

Name of Major: Health & Physical Education Major (PreK-12)
New Plan

Requirements for Major						
Course Prefix	Course Number	Major Requirements (<i>Pre-Requisite</i>)	Liberal Studies	Req. Hours	Semester Taught	Earned Hours
BIO	221	Human Anatomy & Physiology (lab)		3	FA	3
Bio	222	Human anatomy & Physiology (lab)		3	SP	3
SPES	117	Pathway to Wellness		3	Fa/Sp/Su	3
SPES	148	First Aid & CPR		1	Fa/Sp	1
SPES	150	Foundations for SPES		3	Fa/Su	3
SPES	200	Physical Education Activities for elementary and Middle School children		2	Fa	2
SPES	256	Care and Prevention of Athletic Injuries		3	FA/Sp	3
SPES or SCTH	260	Rhythmic Activities and Dance		1	Sp	1
	190	Dance Techniques		1	Fa/Sp	1
SPES	315	Adapted Physical Education		3	Sp	3
SPES	332	Theory of Teaching & Coaching Indv and Dual Spts.		3	Fa	3
SPES	335	Theory of Teaching Team Sports		3	Sp	3
SPES	341	Introduction of Motor Behavior		3	Fa/Su	3
SPES	345	Org & Adm P.E., Rec., & Athletic training		3	Sp	3
SPES	376	Measurement & Assessment in Sport and Exercise Sci.		3	Sp	3
SPES	380	Physiology of Exercise		3	Sp/Su	3
SPES	420	Methods for Teaching Health and Physical Education		3	Sp	3
SPES	443	Kinesiology		3	Fa/Su	3
SPES	470	Senior Seminar		1	Sp	1
		Choose two credit hours form the following: 2 credits				
SPES	320	Theory of Teaching and Coaching Football		1	Sp	1

SPES	321	Theory of Teaching and Coaching softball & baseball		1	Fa	1
SPES	323	Theory of Teaching and Coaching soccer		1	Sp	1
SPES	324	Theory of Teaching and Coaching Gymnastics and Wrestling		1	On Demand	1
SPES	325	Theory of Teaching and Coaching Volleyball		1	Sp	1
SPES	326	Theory of Teaching and Coaching T & F/CC		1	Even Sp	1
SPES	327	Theory of Teaching and Coaching Basketball		1	Fa	1
SPES	328	Theory of Teaching and Coaching Swimming		1	On Demand	1
Total Major Hours:				49		

Professional Education Courses and Additional KSDE Standards Requirements (61 hours)						
Course Prefix	Course Number	Major Requirements	Liberal Studies Or Found.	Req. Hours	Semester Taught	Earned Hours
KSDE Standard 1						
ENGL	120	Intro English Composition (KSDE STD. #1)	WI	3	Fall	
ENGL	121	Intermediate English Composition (KSDE STD. #1)	WI	3	Spring	
SCTH	130	Public Speaking, The Art of Oral Communication (Liberal Studies) (KSDE Standard #1)		3		
KSDE Standard 2						
HIST	220 or 221 or 105 or 106	American History I American History II World Civilization I World Civilization II	CW	3	Fall/Spring	
KSDE Standard 3						
MATH	120	College Algebra	QR	3	Fall/Spring	
KSDE Standard 4						
		Natural World Liberal Studies	NW	3-4	Fall/Spring	
		Natural World Liberal Studies	NW	4	Fall	
KSDE Standard 5						

PSYC or SOCI	101 or 131	The World of You: An Introduction to Psychology or The Sociological Imagination (Liberal Studies) (KSDE Standard #5)	PA	3	Fall/Spring	
SOCI	240 or 250	Racial and Ethnic Minorities or Social Inequality (KSDE Standard #5)		3	Fall/Spring	
EDUC	244	Developmental Psychology	PA	3	Fall/Spring	
SPES	120	Personal, Community, and Global Health	CW	3	Fall/Spring	
		KSDE Standard 6				
		Human Expression Liberal Studies Course	HE	3	Fall/Spring	
		Human Expression Liberal Studies Course	HE	3	Fall/Spring	
		Professional Education Core Courses				
EDUC	100	Orientation to Education		1		
SPES	120	Personal and Community Health (Liberal Studies) (KSDE Standard #5)		3		
EDUC	208	Foundations and History of American Education		3	Every Fall and Spring	
EDUC	210	Instructional Technology		2	Every Fall and Spring	
EDUC	244	Developmental Psychology (KSDE Standard #5)		3	Odd Year Fall and Even Year Spring	
EDUC	250	Education of the Exceptional Individual		3	Every Spring	
EDUC	380	Classroom Management		2	Every Spring	
EDUC	385	Reading in the Content Area		2	Every Fall	
EDUC	388	Methods of Teaching in the Secondary School		3	Every Fall	
EDUC	415	Educational Psychology		3	Every Spring	
EDUC	438	Clinical Practice Seminar		2	Every Spring	
EDUC	470	Clinical Practice		10	Every Spring	
Total Professional Education and Additional KSDE Requirements Hours:				61		

DEGREE REQUIREMENTS**BACHELOR OF ARTS: Health and Physical Education**

Total Hours in Major:	49		
Foundational Courses:	1-3		
Liberal Studies:	0		
KSDE/Professional ED.	61		
ELECTIVES:	7-9		
TOTAL GRADUATION HOURS:	120		

Up Dated NEW COURSES

SUGGESTED SEQUENCE
Major: Health and Physical Education

FALL OF YEAR ONE			SPRING OF YEAR ONE		
Prefix and Number	Course Title	Credit Hours			
Intd 105	The Wesleyan Experience	2	Engl 121	Intermediate Engl Comp	3
INTD 115	Wesleyan Heritage	1	Math 120	College Alg.	3
ENGL120	Intro Engl. Comp	3	SPES 117*	Pathway to Wellness	3
SPES 150	Foundations of SPES	3	Bio 110	Intro to Biology and Lab	4
	Liberal studies	3	Psyc 101	Intro to Psyc	3
EDUC 100	Orientation	1			
Hist 105 or Hist 220	World civ I American History	3			
	Total	16		Total	16

FALL OF YEAR TWO			SPRING OF YEAR TWO		
Prefix and Number	Course Title	Credit Hours			
Bio 221	Anatomy and Phys	3	Educ 244	Devel. Psyc	3
SPES 256	Prev and Care of Athl Injury	3	Soci 240 or Soci 250		3
SPES 200	Elementary Health & P.E.	2		Liberal studies	3
SPES 260 or SCTH 190	Rhythmic Act. And Dance Dance Techniques	1 1	Educ 250	Ed. Of the Except. Indiv.	3
Educ 208	Found. Of Educ	3	SPES 120	Personal, Comm., & Gl. Hlt	3
SCTH 130	Intro to Speech	3	SPES 335	Team Sports	3
	Total	15		Total	18

FALL OF YEAR THREE			SPRING OF YEAR THREE		
SPES 341	Motor Behavior	3	SPES 315	Adapted P.E. and Sport	3
SPES 332	Indiv & Dual Sport	3	SPES 376	Testing and Measurements	3
EDUC 415	Educ. Psyc	3	SPES 380	Physiology of Exercise	3
Educ 385	Reading in the content Area	3	EDUC 380	Classroom Mangement	3
	Liberal studies	3	SPES 420	Methods of Tech Sec. H & PE	3
			SPES 470	Senior Seminar	1
	Total	15		Total	16

FALL OF YEAR FOUR			SPRING OF YEAR FOUR		
Educ 388	Methods of Teaching H & PE	3	Educ 438	Clinical Practice Seminar	2
SPES 3xx	Theory and Coaching	2	Educ 470	Clinical Practice	10
SPES 443	Kinesiology	3			
	Electives/liberal studies if needed	4-10			
	Total	12-18		Total	120

Total Hours = 120